



How will **YOU** tie your camel?

I. Civic Engagement – *pick a volunteer activity to serve your community...*

1. Provide a donation to cover emergency expenditure to a family whose only breadwinner suddenly passed away.
2. For your next birthday, ask for charitable donations instead of gifts
3. Participate in a charity race
4. Contact a tree farm about donating Christmas trees to nursing homes, hospitals, or to families who can't afford to buy their own
5. Mow lawn or shovel snow an elderly neighbor
6. Deliver food to those that need it <http://412foodrescue.org>
7. Help elderly neighbors clean their homes and organize their belongings
8. Rake leaves, shovel snow, or wash windows for a senior citizen
9. Organize a carpool to reduce car emissions
10. Volunteer at a soup kitchen
11. Help repair or paint a local homeless shelter
12. Organize a drug-free campaign
13. Become CPR certified
14. Paint park benches
15. Adopt a local highway or road and clean up trash along it
16. Help fix or raise funds to repair a run-down playground
17. Support an injured police officer www.wppbf.org
18. Help a homeless child celebrate their birthday www.beverlysbirthdays.org
19. _____
20. _____

Need more ideas?

www.pittsburghcares.org

www.volunteermatch.org

II. Political Engagement – *influence your elected officials...*

1. Know what your elected officials stand, what bills they sponsor, how they vote www.votesmart.org
2. Contact your elected officials and share your views www.commoncause.org

III. Personal Commitment – *hold yourself accountable...*

By ____/____/201__ (*insert goal date*), I, _____ (*insert your name*) will complete at least ____ (*insert #*) volunteer activities (Civic Engagement) to help improve my community and contact at least ____ (*insert #*) elected officials (Political Engagement) to ensure my voice is heard.

